

# Sheet Pan Dinner: Hanger Steak with Mushrooms and Carrots

★ 3.2 • 35 min • Serves 2 • Beef

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## INGREDIENTS

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- 1 lb hanger steak, trimmed if necessary
- 2 c (8 oz) carrots, 1/2" slices
- 2 c (8 oz) mushrooms, depending on size, roughly cut
- 2 Tbsp olive oil
- 2 tsp salt and black pepper for the steak, a pinch each for vegetables; 1/4 tsp salt and pepper (or more to taste)
- 1/2 Tbsp Worcestershire sauce
- 1/2 c (1 stick) unsalted butter
- 2 Tbsp parsley, finely chopped
- 1 Tbsp sage, finely chopped
- 1 clove garlic, minced
- 2 tsp lemon juice

## STEPS

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1. See the source link above for full instructions.

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Source: <https://maplewoodroad.com/sheet-pan-dinner-hanger-steak/>